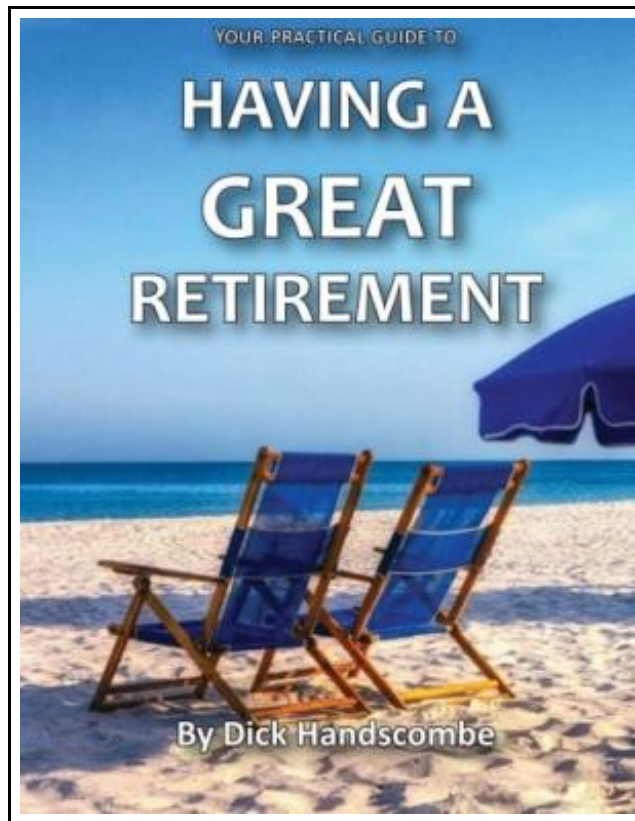


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Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Having a Great Retirement is a book for yourself or a splendid present for friends, work mates and family members likely to retire soon or are already retired. The book is both practical and creative. It is about considering the options and planning a truly memorable retirement for both yourself and, where appropriate, your spouse. The book considers what retirement years can be compared with the traditional past. A retirement that achieves your frustrated ambitions, makes best use of your knowledge and skills and develops relevant new ones, uses time well, re-engineers family relationships strained by separatism during stressful working lives, and does not over strain your financial resources. The book includes a unique self analysis and retirement planning guide to help you systematically and creatively carve out great retirements for you and your spouse. The author Dick Handscombe now 76 retired 25 years ago following two cancer operations and has enjoyed in an enviable way by selecting sensible activities and living well gastronomically and healthily by living a Mediterranean diet and growing most of his food ecologically to avoid chemo and radio therapy. This is his seventeenth book. Previous books were management and gardening oriented. Before retirement he had an interesting international business and academic live working in over thirty countries in the process and another ten in retirement. En route he has observed the benefits and risks of attitudes to retirement in different societies. Hopefully you find this book written from the heart of personal benefit.



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