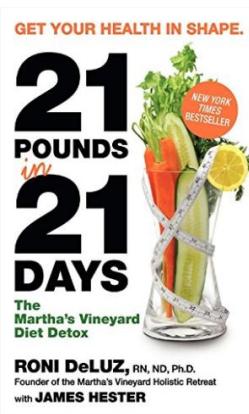


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# 21 POUNDS IN 21 DAYS: THE MARTHA'S VINEYARD DIET DETOX



HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, 21 Pounds in 21 Days: The Martha's Vineyard Diet Detox, Roni DeLuz, James Hester, One of the key advocates of the health benefits of cleansing detoxes is Roni DeLuz, ND, a licensed naturopathic and health practitioner at Martha's Vineyard Holistic Retreat, part of the renowned Martha's Vineyard Inn. The idea behind DeLuz's new detox plan is the belief that the foods we eat (along with the coffee, tea, and alcohol we...

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