



## Being at Home in the Universe: Building an Internal Space (Paperback)

By Richard Bellingham

iUniverse, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.T. S. Elliot wrote: At the still point of the turning world. Neither flesh not fleshless; Neither from not towards; at the still point, there the dance is, Except for the point, the still point. There would be no dance, and there is only the dance. This book talks about the still point in an entirely new way by framing it as our internal home. It also provides a path to coming home based on extensive research and personal experience. If you are interested in the dance of spiritual transformation, this is a must read. -Barry Cohen, Ph.D. Dr. Bellingham enlightens the reader by sharing his personal life experiences in an extraordinarily meaningful context. He bridges the divide between eastern and western thought to form one fully human message. He has the rare ability to satisfy and integrate our intellectual curiosity with our search for spiritual fulfillment. -Bill O'Brien, Ph.D. Having known the author for over 40 years, and witnessing many aspects of his spiritual journey, I highly recommend this book for anyone who continues to strive...



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