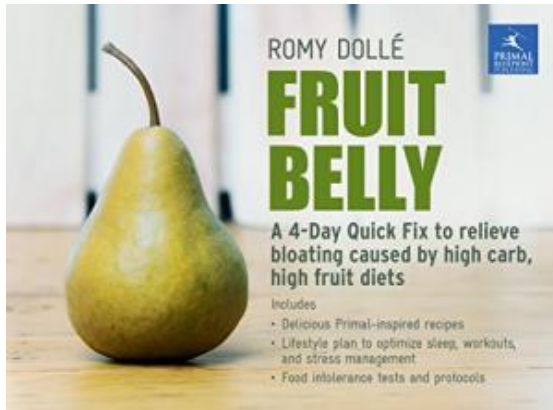


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FRUIT BELLY: A 4-DAY QUICK FIX TO RELIEVE BLOATING CAUSED BY HIGH CARB, HIGH FRUIT DIETS (HARDBACK)



Primal Nutrition, United States, 2015. Hardback. Book Condition: New. 218 x 157 mm. Language: English . Brand New Book. The title of Swiss author Romy Dollé, Fruit Belly, refers to abdominal bloat often accompanied by digestive distress; a common result of some basic dietary misconceptions in many fast-track, low-fat, weight loss plans. With well-defined, easy to ingest information about how the body actually breaks down and distributes fats and nutrients, Fruit Belly provides a clear 4-Day Quick Fix plan...

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- Authored by Romy Dollé, Romy Dollae
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