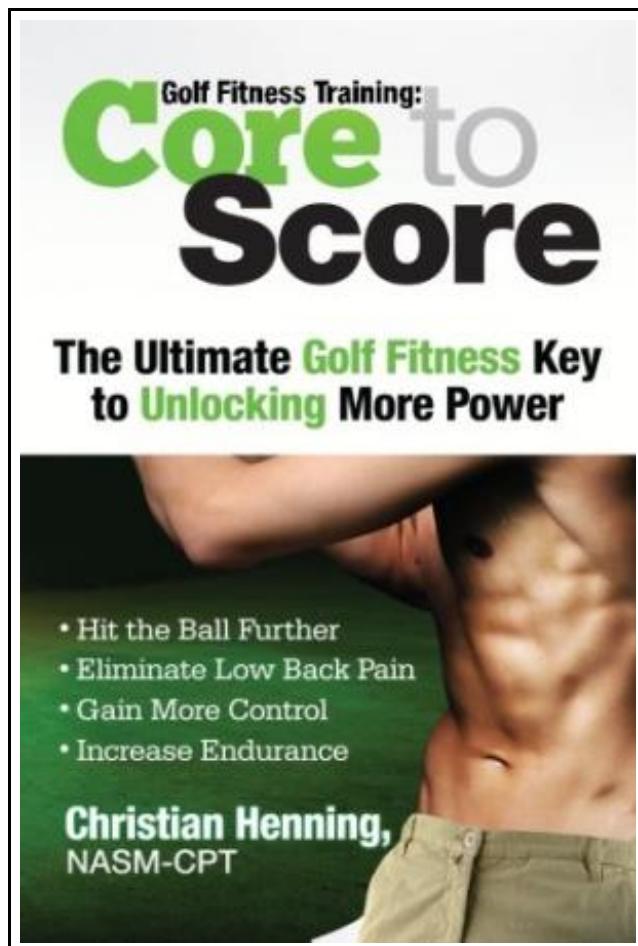


## Golf Fitness Training: Core to Score



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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 274 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. If youve been playing golf for long, you know its true that size doesnt matter! Youve seen puny punks blast drives deep down the middle and youve seen short, skinny fellows bomb their drives 300 yards or more. Hopefully you havent suffered the humiliation of being badly outdriven by some scrawny golfer that looks like he hasnt eaten in a month! It used to happen to me on a regular basis but not anymore! I got so sick and tired of being called a short knocker that I decided to do something about it. And after years of intense and exhaustive research, I finally discovered the simple secret to adding 30 yards (or more) to your drives faster than you ever imagined possible. Ive distilled what it took me years to learn into this easy to follow book. And, Im going to share what I learned so you can quickly and easily add distance to your tee shots and hit your drives L-O-N-G and straight. As it should be! In fact, youll add distance to every club in your bag. First I need to explain something: If youre not bombing your drives deep down the middle of the fairway, attacking pins with short irons, and shoot the low scores you deserve to be shooting, its NOT your fault. Youve been misled (just like I was) by golf instructors, equipment manufacturers, and the golf media who make this simple game sound as complicated as nuclear physics! Trust me, its not that difficult. Its not in the golf industrys best interests for you to know the truth. The longer they can keep you confused, frustrated, and on a constant search for...



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