



## Warning Signs: A Parenting Guide for Discovering If Your Teen Is at Risk for Depression, Addiction or Suicide. (Paperback)

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By Judy Davis, Geoffrey a Davis

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever been concerned that your adolescent or young adult was at risk for suicide, depression or addiction? Do you wonder if the changes in your child are normal or indicative of something more? Today many parents struggle to distinguish between typical teen behaviors and cause for concern. Here at Living Thru Crisis we understand and have created a parent guide that will help you answer many of the pressing questions you have about the tough issues of depression, suicide ideation, eating disorders, self-harm, addiction and more. You will discover: The Warning Signs Behaviors indicative of suicide ideation, depression and addiction Common unhealthy teen coping skills How to open lines of communication Next steps Ways to move forward as a family And more Being a parent to a teenager isn't easy but these tips, strategies and resources will help your family manage even the most difficult situations.



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